



Win in just 4 steps



New chances don't only come during a New Year. When they do, and you have the opportunity to leave behind struggles, you need to make a clean cut?

Voila! A list of action-packed steps you can take to make the best out any given situation.

Use this guide before you decide to make a huge change in your life.

Step 1: Assess your situation

when ur cousins are talking about their accomplishments at dinner and all u did this year was make memes



Assess the situation you are in before setting any goals. What went great in the past? What didn't go so well and what needed improvements?

In doing so, you may realize exactly where you need improvements, or just how amazing you are at doing something. Either way, it will serve as the basis for improvement



What went well in the past?

What didn't go so well?





What needs improvement?



Step 2: Shortlist the areas you'd like to improve

Once you have assessed the situation you can move on to your goals.

Throughout the process of setting these goals, remember that you can be flexible. See these goals as a way to better yourself, way beyond the limits of time.

For instance, you may decide to use this new chance to gain more knowledge about cultures, economies and politics. Knowledge is continuous, just like every single one of our resolutions should be.



The areas I want to improve are:



Step 3: Find out how you can better yourself

Once you know where you would like to better yourself, brainstorm the ways in which you can kick start.

The first step would be to consult books in all their forms; book stores, audio books, magazines, online magazines (don't forget your trusty SLA^^)... And then, there's the internet.

If you use the internet wisely, it can do a world of good. There is a YouTube tutorial on just about everything!

Another resource would be smartphone Play Store apps. Are you looking to impress someone with your cooking skills...or just survive by feeding yourself? Watch what happens when you type 'free cook book recipes'.



Apps:

Books:

Social platforms/ websites:



Step 4: Take the first step!



So, one thing we're often afraid to do is take the first step; but once you've made that first move, the world is your oyster. You have already assessed and shortlisted your ideas, now start walking.

Remember this: you have the capacity to do anything your heart desires. The fear that lies within doesn't have the ability to negate those capacities.

And an old age adage that will forever remain true, is that if at first you don't succeed, try try try again. Do not aim for perfection, but rather savour the experiences in every step you take.



Quick Recap.



Assess your situation and identify the areas that call for improvement



Remember that you can be flexible. Grow your roots strong and deep where you want them.



In this era, you can gain a skill anywhere even in the comfort of your home. YouTube tutorials, ebooks or even mobile apps are there for you to use

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